



SPEAKER & LIFE  
TRANSITIONS AUTHORITY

# Nikki Müller

PRESENTER, KEYNOTE SPEAKER,  
AND LIFE TRANSITIONS AUTHORITY

 [nikki-muller.com](https://nikki-muller.com)

# Meet *Nikki Müller*

MTV Asia at 15, Disney Channel at 17, ABC News 20/20 Primetime at 22. United Nations Headquarters before the age of 25. **Nikki Müller** has embraced the non-linear career and observed the human experience from a unique vantage point: center stage. She's spent over 2 decades in rooms where some of the world's biggest decisions were being made, sitting alongside presidents, CEO's and leaders across sectors. After 3 nominations as "Best Entertainment Presenter" at the Asian Television Awards, Nikki has built a career as one of the industry's most recognisable corporate hosts and presenters..

Behind every conference she moderated and every panel she guided, she was studying something the agenda never included: what actually happens to people when change is announced.

A transient childhood of compounded disruption as a Third Culture Kid, a 15-year career in Asia deliberately left behind, the raw reality of starting over in a new country at 40, all grounds her work as a life transitions authority.

Now based in Switzerland, Nikki is living her most significant transition in real time. She brings her journalism instincts, broadcast authority and lived experience, to the conversations organisations and individuals most need to have about change.

Nikki co-hosts The Safe Passage Podcast on life transitions with psychologist and transitions expert, Dr. Doug Ota and speaks internationally on identity, belonging and the psychology of beginning again.

**What fuels Nikki's work** "To give people the language, the map and the permission they need to move through life's biggest transitions with more clarity, courage and support. And to make the transition conversation as normal in boardrooms and living rooms as the change conversation already is."



## *The Map Nobody Gave Us*

*Leading through the life transition  
inside your change.*

For Chief People Officers, HR Directors,  
L&D leads, and senior leadership teams.

*The change vs. transition distinction  
and why it matters for leaders.*

A new language for the transitioning  
brain. The three phases of transition  
and a framework for making change  
actually stick.

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## *The Pivot Decade*

*How midlife fuels reinvention.*

For senior professionals, founders, and  
executives in the 35-to-55 bracket.

*Why midlife is a signal, not a crisis.*

The research on endings and  
new beginnings. A framework for  
experimenting with new identities  
without abandoning everything  
already built.

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## *Living Between Worlds*

*What global mobility taught me  
about life transitions.*

For internationally mobile professionals,  
expat communities, & global mobility teams.

*The real gifts of cross-cultural  
mobility.*

The human and professional cost  
of unsupported transitions. A  
framework for leaving well so every  
move becomes a foundation rather  
than something to recover from.

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contributions. Custom formats on request.*

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 **MARINA BAY Sands**  **CNN** *Campaign, "Tastemakers"*

TatlerAsia

cna  
LIFESTYLE

THE PEAK

AS SEEN IN

THE BUSINESS TIMES

THE STRAITS TIMES

RICE



SG MAGAZINE

*Named one of CNN's  
"Tastemakers" alongside Wolfgang  
Puck and Asia's Antia Kapoor*

Partnership with Marina Bay Sands and CNN

*"Nikki is fearless. Pretty  
much anything I've asked  
her to do, she's done it."*

Theatre Director Tracie Pang, Tatler Asia

*"Nikki Muller has a  
theory about why she  
was cast in a Westworld  
role meant for a dude."*

CNA Lifestyle / 8 Days.

*"An emotional rollercoaster."*

The Straits Times on Nikki's performance  
in Pangdemonium's Girls & Boys.





NIKKI MULLER IN

# GIRLS & BOYS

BY DENNIS KELLY | DIRECTED BY TRACIE PANG

**Nikki** is an accomplished stage actor with a body of work spanning Singapore's leading theatre company, **Pangdemonium**.

Her one-woman show **Girls & Boys** received wide critical acclaim, with The Straits Times calling it "an emotional rollercoaster."

Her performance background is not decorative. It is the foundation of what makes her different on a corporate stage: the ability to hold a room, read a crowd, and make difficult material feel safe to sit with.



She is nominated for "Best Actress" by the Straits Times in 2021 for Pangdemonium Theatre's one-woman play "Girls and Boys".

'When you have only one actress and one set, grabbing and holding an audience's attention for 1/2 hours can be a tall order...**Nikki Müller** does just that, taking viewers on an emotional rollercoaster of passionate highs and world shattering lows.'

- **Straits Times Life**



## BOOK NIKKI FOR YOUR NEXT EVENT.

For keynote enquiries, speaking availability,  
and custom formats:

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